

## NEW PROGRAM BIOTREM SB - No. 3 - "ENERGY" 😊



### PROGRAM „ENERGY” 😊

The "Energy" program is used to balance the energy in the human body, restoring its movement in energy channels and meridians, maintaining its efficiency during times of stress. During increased loads on the physical body, the "Energy" program increases the adaptive abilities of the human body and improves its well-being 😊

The "Energy" program of the Biotrem SB device allows you to perform an energy massage of the entire human body, and thus distribute this energy throughout the human body. Energy massage is a set of special activities that allow you to restore and harmonize the flow of energy in the human body according to the so-called channel-energy settings, i.e. the standard parameters of human meridians. Through these activities, we eliminate excess energy in one place and move it to places where physical disorders appeared 😊

Each body, in addition to the physical shell, also has the appropriate vibrations and frequencies. The state of the energy field depends on the state of the human aura. Her field is created by the work of energy through receptors, also called chakras. Each chakra is associated with a specific internal organ of the human body. When there is not enough energy or there is an excess of it, there is an inflammatory focus in the human body, ailment, or disease. Starting the flow of energy through these channels can be disrupted due to the blockage of the energy channels. When one of the meridians is blocked, the energy stops and then flows to other channels, some to a lesser extent, to others more. In this way, an excess of energy is created in some meridians and a lack of it in others. Both situations have the same negative impact on the work of the human body. Violation of the harmony of energy flow in the human body leads to the blocking of individual chakras 😊

Energy massage is used to restore the work of all chakras and strengthen human energy. Energy massage is more durable and gentler than classic massage. The effect on the tissues occurs due to the electromagnetic pulse of very low power. During such an energy session, the energy goes to every human cell, to every organ, to renew and regain proper work and awaken the natural forces of man 😊

This energy cannot be harmful to the human physical body because it enters and is absorbed, and its excess is removed outside the human body. These impulses accelerate metabolic processes and activate the self-healing mechanisms of the physical body. In order to achieve energy balance in the body, it is necessary to operate the Biotrem SB device on specific zones and points. Then the meridians are activated and the person feels the passing state of negative emotions, improvement of health, and over time purification of the body 😊

Let's start actions now to restore all the functions of our physical body, the total state of its energy balance, or homeostasis 😊

The recommended number of treatments is 1series (1 series is 10 days). The treatment period should be carried out approximately every 3-4 months, i.e. after completing all series with a certain number of repetitions, you should take a break for the above-mentioned period 😊

### The beginning of activities for youth in the age range of 11-14 😊

Please pay close attention to the points of action with the "Energy" program and their order 😊

#### **Beginning of activities:**

**Day 1:** zone 59 on the left + zone 63 on the right + zone 4 on the left

**Day 2:** zone 59 on the right + zone 63 on the left + zone 4 on the right



**zone 59**

(pictured right hand)



**zone 63**

(pictured left arm)



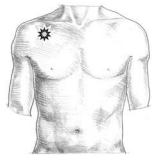
**zone 4**

(pictured right leg)

**Next days:**

**Day 3:** zone 55 on the left + zone 13 on the right + point VG15

**Day 4:** zone 55 on the right + zone 13 on the left + point VG15



**zone 55**

**(pictured right shoulder)**



**zone 13**

**(pictured right leg)**



**zone VG 15**

**(back of the head)**

**Next days:**

**Day 5:** zone 33 on the left + zone 3 on the right + zone 8 on the right

**Day 6:** zone 33 on the right + zone 3 on the left + zone 8 on the right



**zone 33**

**(pictured right hand)**



**zone 3**

**(pictured right foot)**



**zone 8**

**(pictured right ear)  
put it just below the ear**

**Next days:**

**Day 7:** zone 50 on the right + zone 94 on the left + zone 43 on the left

**Day 8:** zone 50 on the right + zone 94 on the right + zone 43 on the right



**zone 50**

**(pictured right leg)**



**zone 94**

**(pictured right ear)**



**zone 43**

**(pictured right leg)**

**Next days:**

**Day 9:** zone 80 on the left + zone 57 on the right

**Day 10:** zone 80 on the right + strefa 57 on the left



**zone 80**

**(pictured right foot)**



**zone 57**

**(pictured right hand)**

**End of activities for youth in the age range of 11-14** 😊

**Beginning of activities for youth in the age range of 15 – 19** 😊

Please pay close attention to the points of action with the "Energy" program and their order 😊

**Beginning of activities:**

**Day 1:** zone 63 on the left + zone 3 on the right

**Day 2:** zone 63 on the right + zone 3 on the left



**zone 63**

**(pictured left hand)**



**zone 3**

**(pictured right foot)**

**Next days:**

**Day 3:** zone 42 on the left + point VG15

**Day 4:** zone 42 on the right + point VG15



**zone 42**

**(pictured right leg)**



**zone VG15**

**(back of the head)**

**Next days:**

**Day 5:** zone 94 on the left + zone 50 on the right + zone 73 on the right

**Day 6:** zone 94 on the right + zone 50 on the right + zone 73 on the left



**Strefa 94**

**(pictured right ear)**



**Strefa 50**

**(pictured right leg)**



**Strefa 73**

**(pictured right side)**

**Next days:**

**Day 7:** zone 13 on the left + zone 80 on the right + point VG15

**Day 8:** zone 13 on the right + zone 80 on the left + point VG15



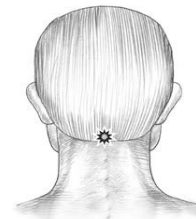
**zone 13**

**(pictured right leg))**



**zone 80**

**(pictured right foot)**



**zone VG15**

**(back of the head)**

**Next days:**

**Day 9:** zone 4 on the right + zone 35 on the right

**Day 10:** zone 4 on the left + zone 35 on the left



**zone 4**

(pictured right leg)



**zone 3**

(pictured left hand)

End of activities for youth in the age range of 15 – 19 😊

Beginning of activities for people in the age range of 19 – 65 😊

Please pay close attention to the points of action with the "Energy" program and their order 😊

**Beginning of activities:**

**Day 1:** zone 57 on the left + zone 4 on the right + zone 80 on the left

**Day 2:** zone 57 on the right + zone 4 on the left + zone 80 on the right



**zone 57**

(pictured right hand)



**zone 4**

(pictured right leg)



**zone 80**

(pictured right foot)

**Next days:**

**Day 3:** zone 33 on the left + zone 30 on the right + zone 37 on the left

**Day 4:** zone 33 on the right + zone 30 on the left + zone 37 on the right



**zone 33**

**(pictured right hand)**



**zone 30**

**(pictured right hand)**



**zone 37**

**(pictured right side)**

**Next days:**

**Day 5:** zone 50 on the left + zone 94 on the right + point VG15

**Day 6:** zone 50 on the right + zone 94 on the left + point VG15



**zone 50**

**(pictured right leg)**



**zone 94**

**(pictured right ear)**



**zone VG15**

**(back of the head)**

**Next days:**

**Day 7:** zone 8 on the left + zone 19 on the left + zone 73 on the right

**Day 8:** zone 8 on the right + zone 19 on the right + zone 73 on the left





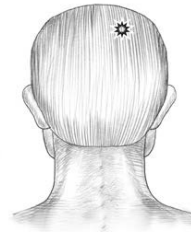
**zone 8**

**(pictured right side)**



**zone 19**

**(pictured right hand)**



**zone 73**

**(back of the head)**

**Next days:**

**Day 9:** zone 57 on the left + zone 3 on the right + zone 89

**Day 10:** zone 57 on the right + zone 3 on the left + zone 89



**zone 57**

**(pictured right hand)**



**zone 3**

**(pictured right foot)**



**zone 89**

**(pictured back of neck)  
neck area**

**Next days:**

**Day 11:** zone 107 on the left + zone 35 on the right + zone 42 on the left

**Day 12:** zone 107 on the right + zone 35 on the left + zone 42 on the right



**zone 107**

(pictured right hand)



**zone 35**

(pictured left hand)



**zone 42**

(pictured right leg)

**End of activities for people in the age range of 19 – 65** 😊

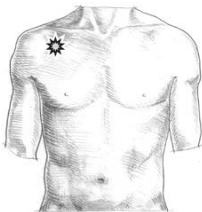
**Beginning of activities for people over 65** 😊

Please pay close attention to the points of action with the "Energy" program and their order 😊

**Beginning of activities:**

**Day 1:** zone 55 on the left + zone 4 on the left + zone 80 on the right

**Day 2:** zone 55 on the right + zone 4 on the right + zone 80 on the left



**zone 55**

(pictured right shoulder)



**zone 4**

(pictured right leg)



**zone 80**

(pictured right foot)

**Next days:**

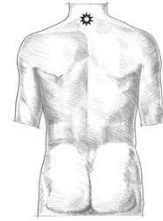
**Day 3:** zone 3 on the left + zone 89

**Day 4:** zone 3 on the right + zone 89



**zone 3**

**(pictured right foot)**



**zone 89**

**(pictured back of the body)  
neck area**

**Next days:**

**Day 5:** zone 19 on the left + zone 94 on the right + zone 50 on the left

**Day 6:** zone 19 on the right + zone 94 on the left + zone 50 on the right



**zone 19**

**(pictured right hand)**



**zone 94**

**(pictured right leg)**



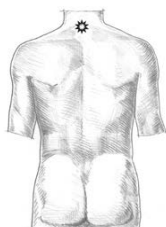
**zone 50**

**(pictured right ear)**

**Next days:**

**Day 7:** zone 89 + zone 63 on the left

**Day 8:** zone 89 + zone 63 on the right



**zone 89**

**(pictured back of the body)  
neck area**



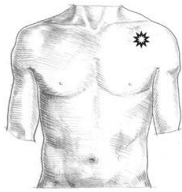
**zone 63**

**(pictured left hand)**

**Next days:**

**Day 9:** zone 55 on the left + zone 35 on the right + zone 43 on the left

**Day 10:** zone 55 on the right on the right + zone 35 on the left + zone 43 on the right



**zone 55**



**zone 35**



**zone 43**

(pictured right shoulder)

(pictured left hand)

(pictured right leg)

**Next days:**

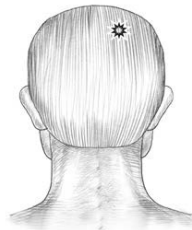
**Day 11:** zone 19 on the left + zone 73 on the right + point VG15

**Day 12:** zone 19 on the right + zone 73 on the left + point VG15



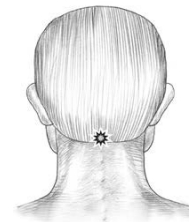
**zone 19**

(pictured right hand)



**zone 73**

(back of the head)



**zone VG15**

(back of the head)

**End of activities for people over 65** 😊